



## SUPPLEMENT PURPOSE

What does the supplement claim to do? What is the purpose (i.e. increase protein)?



## FOOD FIRST

Are there food options available to achieve the same purpose?



## PRODUCT MARKETING

Does the product make claims related to a banned drug class? Is the marketing reliable, or is there false advertisement or exaggeration?



## SUPPLEMENT FACTS LABEL

Are there ingredients listed that are on the banned drug list?



## THIRD-PARTY CERTIFIED

Has the product been tested for banned substances by a third-party supplement certification company (NSF Certified for Sport, Informed Sport, or Banned Substances Control Group)?



## ONLINE REVIEWS

What are the reviews of the supplement? Is it a scam?



## SPORTS MEDICINE STAFF

Speak with your Sports Medicine staff about the dietary supplement.



## DRUG FREE SPORT AXIS™

Submit a Dietary Supplement Inquiry to the AXIS team and receive an assigned risk level. Athletes consume dietary supplements at their own risk.

## DIETARY SUPPLEMENT INQUIRIES:



Website: [dfsaxis.com](http://dfsaxis.com)  
Username: NCAA Division I  
Password: ncaa1